

Alcoholics Anonymous

Alcoholics Anonymous is a fellowship of men and women who share their experience strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics organization or institution; does not wish to engage in any controversy neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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*God grant me the serenity
To accept the things I cannot change,
Courage to change the things I can,
And the wisdom to know the difference.*

Twelve Questions Are you an Alcoholic?

To answer this question ask yourself the following questions and answer them as honestly as possible.

- 1 Have you ever decided to stop drinking for a week or so, but only lasted for a couple of days?
- 2 Do you wish people would mind their own business about your drinking, and stop telling you what to do?
- 3 Have you ever switched from one kind of drink to another in the hope that this would keep you from getting drunk?
- 4 Have you had a drink in the morning during the last year?
- 5 Have you had problems connected with drinking during the past year?
- 6 Do you envy people who can drink without getting drunk?
- 7 Has drinking caused trouble at home?

Alcoholics Anonymous Meetings
District # 4
Phone: 506-650-3114
Revised: May 13/09



Regional Hospital
Tucker Park
Thursday at 8:00 PM
O-D-Beg



District # 4 Correctional Committee holds regular AA meetings at the following location in Saint John:

Regional Correctional Facility
Black River Road
Tuesday at 6:30 PM
Clearance Required
CR-Beg-Sp

- 8 Do you ever try to get "EXTRA" drinks at a party because you do not get enough?
- 9 Do you tell yourself you can stop drinking anytime you want to even though you keep getting drunk when you do not mean to?
- 10 Do you have blackouts?
- 11 Have you ever felt that your life would be better if you did not drink?
- 12 Have you ever missed days at work or school because of your drinking?

If you answer YES to one of the questions, there is a warning that you may have a problem.

If you answer YES to any two, chances are that you have a problem.

If you answer YES to three or more, you definitely have a problem.

| Group Locations | Meetings | Times | Type |
|---|---|---|---------------------------------------|
| | <u>Sunday</u> | | |
| 1 Action Group Portland United Church Newport Crescent, Saint John, NB | Portland Group Portland Group Lonewater Farm | Sep to Jun 9:30:00 AM 11:00 AM 2:00 PM | BF O-D O-D-Sp |
| 2 Allison Group Stone Church 87 Carleton Street, Saint John, NB | Fundy Group 1st Sunday of month O-Sp Allison Group | 7:00 PM 8:00 PM | C-Sp-D O-Sp |
| 3 By The Sea Group All Saints Anglican Church Hall 75 King St., St Andrews, NB | Hampton Liberty Group International Border Group Totally Free Group | 8:00 PM 8:00 PM 8:00 PM | C-D O-Sp O-Sp |
| 4 Covered Bridges Group United Church Main Street, St. Martins, NB | <u>Monday</u> | | |
| 5 Free for Today Group Sophia Recovery Center 83 Hazen Street, Saint John, NB | Vision of Hope Group Covered Bridges Group Westside Group Rothesay Group | 12:00 Noon 7:00 PM 8:00 PM 8:30 PM | O-D O-D O-Beg-BB-D C-D-Tr |
| 6 Fundy Group Rec Centre J.O. Spinney Drive, Saint George, NB | <u>Tuesday</u> | | |
| 7 Grand Manan Group Community Hall North Head, Grand Manan, NB | Vision of Hope Group Action Group Greendale Group | 12:00 Noon 8:00 PM 8:00 PM | O-D O-BB-St-D O-D |
| 8 Greendale Group Saint Mark Church Dexter Drive, Saint John, NB | <u>Wednesday</u> | | |
| 9 Hammond River Grapevine Group Holy Trinity Church Hammond River, NB | Vision of Hope Group Free for Today Group Lonewater Farm | 12:00 Noon 7:00 PM 7:00 PM | O-12&12 Women Only O-D O-D O-Sp |
| 10 Hampton Liberty Group United Church, behind Med Centre Off Robb Court, from Keirstead Rd Hampton, NB | Satellite Serenity Group Totally Free Group Westside Group Hammond River Grapevine Group | 8:00 PM 8:00 PM 8:00 PM 8:30 PM | O-D C-D O-D C-St C-St-Tr-GV |
| 11 International Border Group Kirk-McCall Church St. Stephen, NB | <u>Thursday</u> | | |
| 12 Just for Today Group St. John the Baptist Church 54 Broad Street, Saint John, NB | Vision of Hope Group Allison Group Just for Today Group Greendale Group Regional Hospital | 12:00 Noon 8:00 PM 7:00 PM 8:00 PM 8:00 PM | O-D O-Sp C-D-BB O-BB O-D |
| 13 Lonewater Group Lonewater Farm Westfield, NB | <u>Friday</u> | | |
| 14 Portland Group Somerset Community Center 344 Somerset St., Saint John, NB | Vision of Hope Group By The Sea Group Greendale Group | 12:00 Noon 8:00 PM 8:00 PM | O-BB C-D O-Sp |
| 15 Rothesay Group St David's Church Rothesay, NB | Silver Falls Group Rothesay Group | 8:00 PM 8:30 PM | O-D C-D 12&12 |
| 16 Satellite Serenity Group Off Mark Street, Behind the Pool St. Stephen, NB | <u>Saturday</u> | | |
| 17 Silver Falls Group Silver Falls United Church Loch Lomond Road, Saint John, NB | Vision of Hope Group Westside Group | 11:00 AM 8:00 PM | O-D O-Sp |
| 18 Totally Free Group Trinity Anglican Church Main Street, Sussex, NB | | | |
| 19 Vision of Hope Group Grace Presbyterian Church Hazen Street Entrance Saint John, NB | | | |
| 20 Westside Group Church of the Good Shepherd Manawoganish Road Saint John West, NB | | | |
| | <u>Meeting types</u> | | |
| | 12&12-Twelve and Twelve BB-Big Book Beg-Beginner BF-Breakfast Meeting C-Closed AA MEMBERS ONLY ! CR- Clearance Required D-Discussion | GV-Grapevine LS-Living Sober O-Open Sp-Speakers St-Step Tr-Traditions Wheelchair Accessible | |